



Maine Farm Safety Program

Bulletin #2321

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Winter Driving Safety

Driving on winter roads in Maine is a challenge. There are many hazards that cannot be avoided. Learning what to do in these situations will help to lessen your chances of having an accident.

◆ **Preparing for Winter Driving**

Before taking any vehicle on the road in the winter, have it tuned up. Test the brakes, battery and exhaust system. Check fluid levels, add antifreeze and switch to winter-weight oil. Put on snow tires and carry emergency equipment. Emergency equipment should include sand or kitty litter, salt, a shovel, chains, a snow scraper/brush, booster cables, blankets and a flashlight.

◆ **Skids**

The primary problem faced by winter drivers is skidding on slick or icy roadways. If your car should skid, do not brake. Instead, take your foot off the accelerator and turn your car in the direction that

you want the front wheels to go. Use gentle, steady motions when turning the steering wheel. Turning too much or too fast can worsen the situation. If for any reason you are unable to gain control of your car, try steering into a snow bank to stop your vehicle.

◆ **Getting Stuck**

If you find yourself stuck, here are some things to try. Do not continue to spin the wheels. It will only make things worse. Pour sand, salt or gravel around the drive wheels to give them something to grab onto and improve traction.

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◆ **Pack a flashlight, blankets and a shovel. They may save a life.**

◆ **Keep insides and outsides of windows clear.**



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Also, shovel snow away from the wheels and out from under the car to clear a pathway.

◆ **Hazardous Driving Conditions**

When driving conditions are less than ideal, it pays to be cautious. Drive slowly, test your brakes often and never tailgate. Turn on your lights, and make sure that windshields (front and rear) are clear and that wipers and defrosters are in

good working condition. Use low gears when traveling on slick surfaces (especially hills) to give added traction. Listen to weather forecasts, and if weather and visibility are hazardous, stay at home.

Many hazardous driving conditions cannot be avoided, but knowing what to do may prevent an accident and save a life.

This Maine Farm Safety Fact Sheet is part of an educational fact sheet series produced by the University of Maine Cooperative Extension. For more information on farm safety, contact your county Extension office.



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